Revision

Prepared by:

Checked by: Note:

Desk Equipment

Initials

LD



#### THE PERFECT OFFICE

Want to know what a perfect office is about? please <u>click here</u> to read more how to create a **High Performance Workplace** 

#### Contents

Introduction	2
Ergonomics	2
Cloud Computing	2
Desk equipment	3

Date

13.09.2016

Version

1.0

Desk Equipment

## - Introduction

Workplace Strategy & SPM

lanico.com

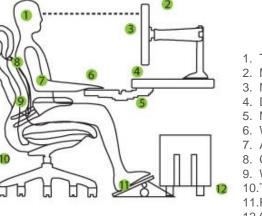
- Desk equipment is critical to ensure that employees have the best tools to work.
- Increase workforce mobility by offering flexibility to your staff to work anywhere; workstation, meeting room, cafeteria, travelling, home,...
- Use today's technology, laptop, wireless, cloud computing, VPN to get online and have your files handy
- Offer an ergonomic workstation and office environment

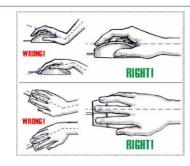
## Benefits gained by your organization include:

- Increased employee productivity
- Limited support required from IT staff
- Increased workforce mobility
- Highly-secure, fully-encrypted communications
- Support for business continuity strategies

# Ergonomics

### 12 Tips for an Ergonomic Worstation





- 1. Top of monitor at or below eye level
- 2. Monitor and keyboard centered in front of you
- 3. No glare on screen
- 4. Documents in line with keyboard and monitor
- 5. Negative tilt keyboard support
- 6. Wrists flat and straight
- 7. Arms and elbows close to body
- 8. Change postures often
- 9. Work in a reclined position
- 10.Take frequent short breaks
- 11.Feet flat on floor or footrest
- 12.CPU off desk

# **Cloud Computing**

Use today's technology to get online anywhere, stay on business , have your files handy



Desk Equipment

